

# TASHLICH

We come here today at the edge of the water yearning for *Shleimut*, wholeness.

We come in sadness, knowing, feeling, the errors we have made.

And we come in prayer, yearning to be less frightened, yearning to be true to ourselves, yearning to recognize the sacred presence inside ourselves.

Today, at the edge of the water, we come to You, to a place of life, and we ask You to bless us, cleanse us, strengthen us.

Tashlich means to “throw away.”

Tashlich is a symbolic way of “throwing away” those things we have done that we are sorry for and from which we have found no other way to unburden ourselves.

Who is a God like You, who forgives mistakes, and overlooks the errors of the remainder of his people? You do not hold onto anger forever, because You delight in mercy. You, God, always have compassion upon us; You, God, will suppress our desire to make mistakes; and You, O God, will cast all of our sins into the sea. - *Micah 7:18-19*

*(As we recite the following, we toss fish food into the water at the end of each phrase)*

We cast away the times that we missed the mark on purpose. *(toss)*

We cast away the times that we missed the mark by accident. *(toss)*

We cast away the times that we missed the mark by not caring. *(toss)*

We cast away the times that we missed the mark by using words carelessly. *(toss)*

We cast away the times that we missed the mark by being sneaky. *(toss)*

We cast away the times that we missed the mark by using words that hurt. *(toss)*

We cast away the times that we missed the mark by lying. *(toss)*

We cast away the times that we missed the mark by not respecting parents and teachers. *(toss)*

We cast away the times that we missed the mark by not stopping ourselves from doing something we really wanted, even when we knew it was wrong. *(toss)*

Today we begin a new year of goodness. Today, with these crumbs, we are throwing away all the things that might spoil our New Year. *(toss the last of the fish food)*

May all our bad habits and all the things we have done wrong  
be thrown away and never return!

